

Co-Production is...

“ A meeting of minds coming together to find a shared solution and approach is the default, not an effort or special ask. We use insight and feedback to bring about change, not just on special occasions. Improvement of care and lives is always the drive. ”

ImROC training team 2023

Why use Co-production?

It can have benefits for the individuals, professionals and services involved, including:

- Improved services and outcomes
- Empowerment and engagement
- Increased creativity and innovation
- Increase people's self-worth and confidence
- Motivating for professionals
- Services become more accessible
- Builds relationships between consumers and providers
- Shared identity and purpose
- Improved knowledge and ability to self-manage conditions
- More sustainable service/product/policy

“Co-production in its truest sense is something to aspire to, to work towards because it is very hard to achieve.”

Social Care Institute of Excellence (SCIE)

Principles to aspire to:

Collaboration

People coming together, open and honest communication

Strengths-based

We build on each other's potential and value lived experience.

Solutions-focused

Facilitators bring questions, and participants agree to answers.

Multi-disciplinary

There is diversity and balance of voices in the work.

Equal relationships

we all bring something to the work, and it is accessible

Reciprocal relationships

We all put something in and get something back.

Power sharing

“We said, we did”, shared responsibility and ownership.

ImROC.

Levels of Participation

The National Co-production Advisory Group developed the ladder of co-production and helps clarify different forms of participation (thinklocalactpersonal.org.uk) (TLAP)

TLAP have a video [here](#) that helps explain the differences in levels of participation.

